

Destitution Support - Newport

Organisation	Address	Website	Support provided	How to access it
Hardship				
Discretionary Access Fund	None	Discretionary Assistance Fund (DAF): Apply GOV.WALES	Up to £56 a week available for any resident of Wales (not just Asylum Seekers). There is a maximum of 3 applications to be made in any one year.	By referral from WRC or British Red Cross.
British Red Cross Destitution, Asylum Support and Protection Team	None	Get help as a refugee or asylum seeker British Red Cross	If you are waiting for a decision on a fresh asylum claim and experiencing destitution you may be eligible for a destitution payment from the British Red Cross.	Contact them on 01633 720 000, option 1 or email RefugeeSupportWales@redcross.org.uk
National Zakat Foundation	National Zakat Foundation 124 City Road London EC1V 2NX	Hardship Relief Fund - NZF	If you are Muslim and looking for support Zakat Foundation have a hardship fund which you may be able to apply for.	Apply online here .
Food				
Trussel Trust Foodbanks	Christchurch Centre Central	Newport Foodbank - The	We provide a minimum of three days' nutritionally balanced, tinned and dried food donated by the local community.	By referral from a doctor, health visitor, social worker,

	Stow Park Church Centre	Trussell Trust		Citizen's Advice or British Red Cross
The Gap	42 Stow Hill, Newport NP20 1JG	The Gap	The Gap provides a weekly meal as part of a drop-in café open to both men and women.	Drop-in
Cultural Food Hub	192 Commercial Road, Newport, NP20 2PP	Cultural Food Hub	Cultural Food Hub have a foodbank on Wednesdays and on Thursdays they have Eco Club where you can choose from up to 7 items from the Eco Wall or up to 4 items from the Eco Wall and the fresh vegetables (potatoes, carrots & Onions). Included is a bag of fresh/chilled foods (subject to availability) and it is £4.00 a week Membership. There is also free supermarket surplus foods (subject to availability). Fridays they have a soup kitchen and a cereal café.	Drop in Tuesdays to Fridays 10am-2pm
Food Cycle	Community House Eton Road NP19 0BL	FoodCycle Leading Food Charity Nourishing Communities in the UK	Free tasty food and good company.	Drop in Tuesdays 6.30pm
Too Good to Go	None	Too Good to Go	This app enables you to get surplus food from shops and restaurants at a reduced price. You have to be able to collect it within a certain window of time and have the phone with you to show them.	Via the Too Good to Go app
Clothing				
Give your Best	None	Giveyourbest.uk	Their online catalogue of gifted women's and children's clothes/shoes/accessories can be 'shopped' for free by people in the UK who are refugees, seeking asylum, victims of trafficking, destitute, with no recourse to public funds or with precarious immigration status.	Click here to access the shop: Give Your Best - UK - Gift your clothes so women



				who need them can shop for free
Wellbeing				
Barnardos Boloh Helpline	None	We're here to support adult asylum seekers Helplines (barnardos.org.uk)	The Helpline will offer advice, signposting, emotional support and 8 free sessions of therapy by qualified Barnardo's therapists. These sessions can take place remotely via telephone or online. Barnardo's a large pool of culturally informed therapists who speak a range of languages. Sessions can take place in your own language at a time that works for you.	The Helpline is open Monday - Friday (10am-8pm) and Saturday (10-3pm) via phone 0800 151 2605, webchat and email Boloh.helpline@barnardos.org.uk .
Welsh Refugee Council - Emotional Support Line	120-122 Broadway, Cardiff, CF24 1NJ	Welsh Refugee Council	Emotional support through active listening and referral to organisations that can help with practical needs.	By referral from a WRC caseworker
Families				
Newport Baby Bank	192 Commercial Road, Newport, NP20 2PP	Newport Baby Bank Feed Newport	<p>They can supply food items for the adults in the household and also be able to supply baby formula, baby and toddler food, nappies, wet wipes and other items related to baby weaning and bathing.</p> <p>They also stock pre-loved baby equipment - Pushchairs, Travel Systems, Cots, Moses Baskets, and a small selection of pre-loved baby clothing aged between 0-12mths.</p> <p>Newport Baby Bank is proud to offer Maternity Bags for ladies who sadly may go to hospital without one.</p>	By referral from support workers, schools, health visitors and midwives.

<p>Bundles Baby Clothing Bank and Birth Support</p>	<p>Community House Eton Road NP19 0BL</p>	<p>Bundles Baby Clothing Bank And Birth Support Newport Facebook</p>	<p>Through referrals they provide support to families facing difficult situations and or in crisis. They provide everything from maternity through to 3 years . They also provide essential sundries (nappies, wet wipes, food. Bundles believe no child should be in need and no mother should feel alone at such a critical time.</p>	<p>By referral from support workers, schools, health visitors and midwives.</p>
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