

Destitution Support Cardiff

Organisation	Address	Website	Support provided	How to access it
Hardship				
WRC hardship support	120-122 Broadway, Cardiff, CF24 1NJ	www.wrc.wales	WRC has a small Hardship Fund for clients who meet our destitution criteria. We can provide supermarket vouchers of £30 every 2 weeks.	Drop-in Mon, Tues, Thurs 10-1 and 2-3 Fri 10-1
Discretionary Access Fund	None	Discretionary Assistance Fund (DAF): Apply GOV.WALES	Up to £56 a week available for any resident of Wales (including Asylum Seekers). There is a maximum of 3 applications to be made in any one year.	By referral from WRC or British Red Cross
British Red Cross Destitution, Asylum Support and Protection Team	None	Get help as a refugee or asylum seeker British Red Cross	If you are waiting for a decision on a fresh asylum claim and experiencing destitution you may be eligible for a destitution payment from the British Red Cross.	Contact them on 01633 720 000, option 1 or email RefugeeSupportWales@redcross.org.uk
National Zakat Foundation	National Zakat Foundation 124 City Road London EC1V 2NX	Hardship Relief Fund - NZF	If you are Muslim and looking for support Zakat Foundation have a hardship fund which you may be able to apply for.	Apply online here .
Housing				
The Huggard Hostel and Tu Tressilian	Hansen Street, Cardiff CF10 5DW	The Huggard Centre	The Huggard is Wales's leading centre for people who are sleeping rough on the streets of Cardiff. The Critical Intervention Hub comprises of the Critical Intervention Centre, which is open during the day, a hostel and emergency accommodation. The centre does accept people with no recourse to public funds.	To access emergency housing you need to present at 6pm at Housing Options (Central Library Hub, The Hayes, Cardiff, CF10

				1FL) to go through the housing assessment, and that is the only way to refer.
Food				
Trussel Trust Foodbanks	Cathays Central Ely Grangetown LLanedeyrn Splott St Mellons Tongwynlais	Cardiff Foodbank - The Trussell Trust	We provide a minimum of three days' nutritionally balanced, tinned and dried food donated by the local community.	By referral from a doctor, health visitor, social worker, Citizen's Advice or British Red Cross
The Critical Intervention Hub	Huggard Buildings, Hansen Street, Cardiff CF10 5DW	Huggard: Life Inside Huggard	The Critical Intervention Hub is open from 8.30am and anyone is eligible to pop in for a hot drink and meal, as well as a shower or to do their laundry, even a change of clothing	Drop-in
Oasis	69b Splott Road, Cardiff, CF24 2BW	Oasis	Oasis offer a range of psycho-social support including a free hot lunch every day. They also partner with Local Welcome to offer a free lunch on Sundays at 12.30pm.	Drop-in daily
TAVS Centre	Tavistock Street CARDIFF CF24 3BE	EVENING MEALS - TAVS Cardiff	Evening Meal Anyone is welcome to join TAVS for an evening meal. Food co-op Members contribute £2 and receive approximately £15 of food (ranging from fresh fruit, vegetables, dairy products and meats).	Sunday 5:30 - 6:30 Monday 7:30 - 8:30 Thursday 6.00-7.30

Women Seeking Sanctuary and Advocacy Group, Wales	3 North Church Street, Butetown, CF10 3HB	WSSAG Wales	WSSAG Wales run a food bank every Saturday 10-11.30am. For a weekly contribution of £3.00 you can get food items with a usual value of between £15-£20.	Confirm attendance via SMS 07950 491807
Space4U	St German's Church Hall Metal Street, Cardiff, CF24 0LA	Space4U	Space for U provide a hot meal from 3pm and light refreshments; tea, coffee, and biscuits.	10:00am - 5:00pm every Monday and Thursday.
Too Good to Go	None	Too Good to Go	This app enables you to get surplus food from shops and restaurants at a reduced price. You have to be able to collect it within a certain window of time and have the phone with you to show them.	Via the Too Good to Go app
Rainbow of Hope	23-25 Broadway, Cardiff, CF24 1QE	Rainbow of Hope	Rainbow if Hope a Cardiff based Christian charity reaching out to the homeless and disadvantaged people including asylum seekers and refugees. They offer services such as daily free lunch for anyone in need, free tea and coffee and a weekly free hairdresser.	They have a drop-in centre that is open Mon-Thurs 10.30-13.00 & Fri 19.30-21.30
Al-Ikhlās Centre	92 Broadway, Cardiff, CF24 1NH	alikhlas.org.uk	Al-Ikhlās offer a foodbank service. They have also provided bedding/blankets in the past.	Drop-in 10-2 on Tuesdays
Clothing				
Space4U	St German's Church Hall Metal Street, Cardiff, CF24 0LA	Space4U	Space for U provide a clothing store on Mondays.	Mondays 10:00am-12:00pm
YMCA Cardiff	The Walk, Roath,	YMCA Cardiff	YMCA have provided vouchers/gift cards in the past.	Drop-in

	Cardiff, CF24 3AG			
Give your Best	None	Giveyourbest.uk	Their online catalogue of gifted women's and children's clothes/shoes/accessories can be 'shopped' for free by people in the UK who are refugees, seeking asylum, victims of trafficking, destitute, with no recourse to public funds or with precarious immigration status.	Click here to access the shop: Give Your Best - UK - Gift your clothes so women who need them can shop for free
Wellbeing				
Barnardos Boloh Helpline	None	We're here to support adult asylum seekers Helplines (barnardos.org.uk)	The Helpline will offer advice, signposting, emotional support and 8 free sessions of therapy by qualified Barnardo's therapists. These sessions can take place remotely via telephone or online. Barnardo's a large pool of culturally informed therapists who speak a range of languages. Sessions can take place in your own language at a time that works for you.	The Helpline is open Monday - Friday (10am-8pm) and Saturday (10-3pm) via phone 0800 151 2605, webchat and email Boloh.helpline@barnardos.org.uk .
Oasis	69b Splott Road, Cardiff, CF24 2BW	Oasis	There are a range of activities and support available to people seeking asylum and refugees. This is updated monthly; you can contact Oasis for the most up to date list.	Drop-in
Welsh Refugee Council - Emotional Support Line	120-122 Broadway, Cardiff, CF24 1NJ	Welsh Refugee Council	Emotional support through active listening and referral to organisations that can help with practical needs.	By referral from a WRC caseworker
Families				
Growbaby Cardiff	Vineyard Church, Keppoch Street, Cardiff CF24 3JW	Growbaby	Growbaby can help provide families with new babies with a range of items including prams and baby clothes.	Drop-in to weekly 'Stay and Play' sessions 10-11.45 on a Friday.



Little Smarties	All Nations Church, Sachville Avenue, Cardiff, CF14 3NY	Little Smarties	Little Smarties work with local social workers, midwives, churches and charities to provide starter packs for families with children from 0-6 years old. These packs will include essentials such as nappies, wipes and clothing, and special requests for equipment such as prams, cots, bouncers, toys etc.	Referral through Facebook
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